

Using a Culinary Health Experience to Teach Teamwork Skills: A New Interprofessional Education Experience



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INTRODUCTION

- A community focus for health professions training programs resulted in expansion of teaching on nutrition concepts.
- Interprofessional learning experiences offer a unique opportunity to learn culinary health in a team-oriented fashion.



METHODS

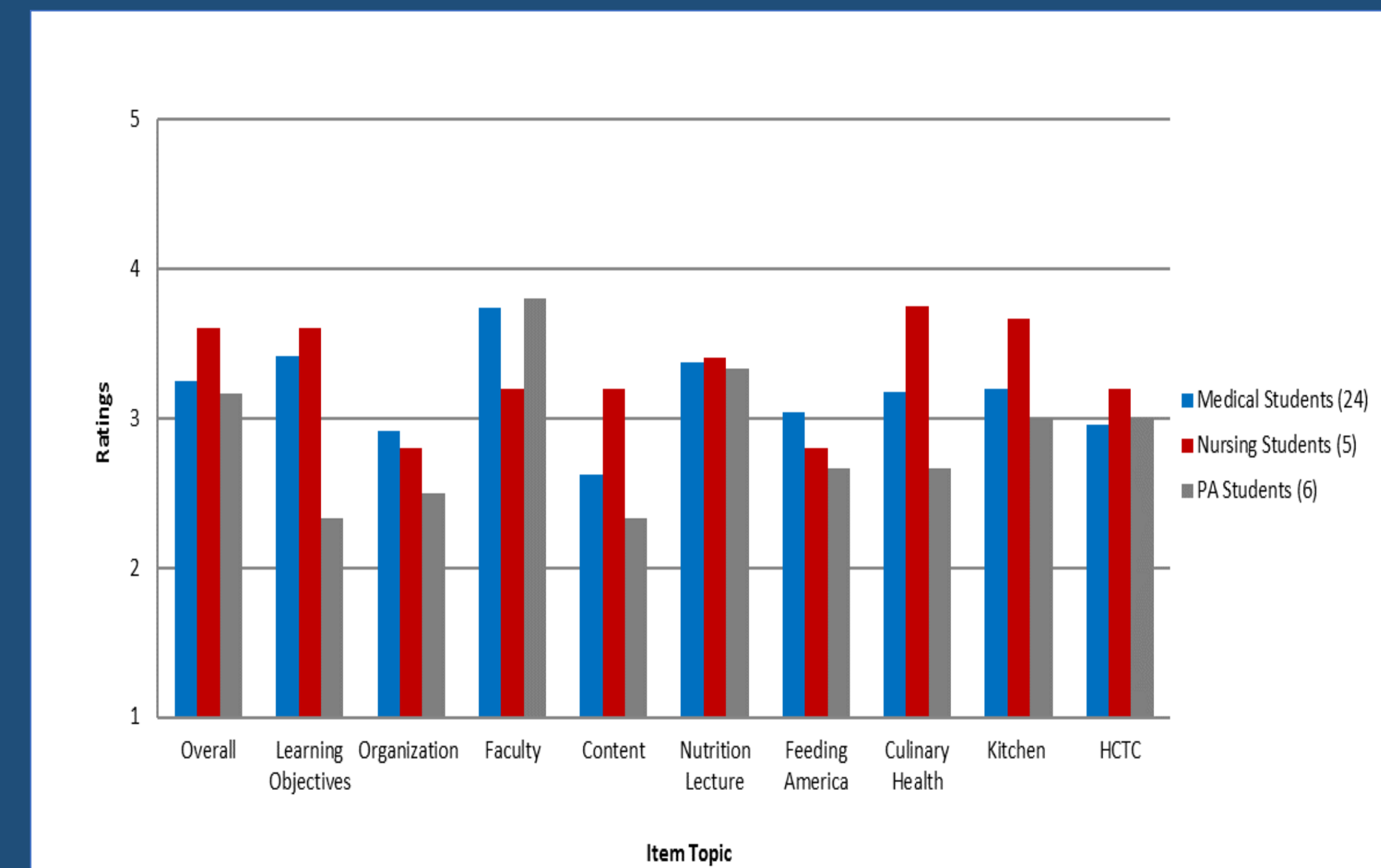
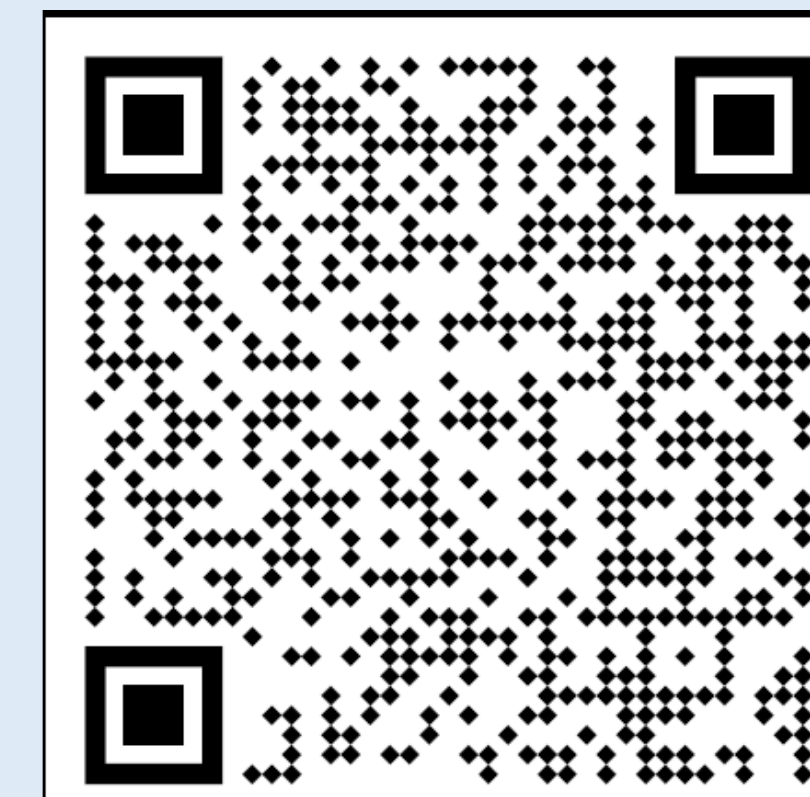
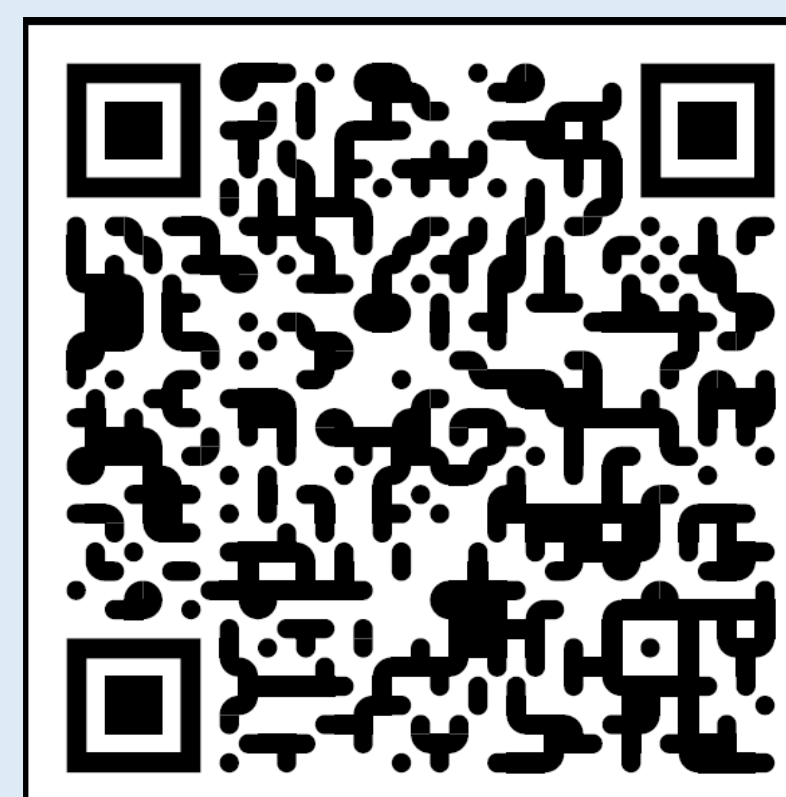
- Students worked together in teams to cook and serve meals to special dietary populations.
- Students participated in a personal nutrition exercise, worked in teams on clinical nutrition cases and provided community outreach.
- Involved +/- 135 students from medicine, nursing and physician assistant programs.
- Students provided feedback on standardized course evaluation forms.

RESULTS

- Students rated overall curriculum at 3.75 on a five point rating scale.

A new interprofessional culinary health program was well received by students from three different health professions (medicine, nursing, physician assistant), and is reproducible with ample logistical support.

For more information, take a picture of these QR codes!



DISCUSSION

- Range of student “buy in” regarding analogy of commercial kitchen being similar to a busy clinical environment.
- We received good feedback on how to improve the curriculum.
- Formation of a new student interest group on nutrition.

